

# Focus On Life, Not On Vision Loss.

## Lighting

- Bright but shaded light provides the best viewing.
- Try different types and colors of bulbs.
- Bring adjustable, easily positioned lighting close to your task—not overhead.

## Contrast

- Use bright tape or paint to highlight steps, light switches, even keys.
- Black felt tip markers and bold lined paper make writing easier.
- Specially filtered glasses increase contrast, indoors and out.

## Make Life Easier

- Carry a lighted hand magnifier when dining out and shopping. Keep another by the phone.
- Stay socially active with products such as large print bingo and playing cards and fluorescent golf balls and fishing lures.
- Invest in a magnifying mirror for shaving or applying makeup.
- Consider a video magnifier to make reading and writing easier.

# Magnification Products From Optelec.



**Compact™**

- Up to 8X magnification
- 4" color screen, with black and white, and reverse mode



**Traveller+™**

- 4X-16X magnification on 6" color screen
- "Stand-up" position for writing letters or taking notes



**ClearView+™**

- 2X-50X magnification
- Always-in-Focus™ technology ensures crisp, clear image

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The Future.



**Tools And Tips  
For People  
Living With  
Vision Loss.**

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## **Live Independently.**

## **Live Actively. Live Fully.**

If your vision is limited to the point where ordinary glasses, contact lenses, medication or surgery cannot help, you could be considered to have vision loss—a condition that affects approximately 12 million people in the United States today. Vision loss ranges from moderate (where sight-dependent activities can still be easily performed), to severe (where reading and writing is difficult without the assistance of a visual aid).

## **What Causes Vision Loss?**

There are many causes of vision loss; eye diseases like Glaucoma, Macular Degeneration, Diabetic Retinopathy, or perhaps an injury or stroke. Whether or not your condition is treatable, there are steps you can take to continue living an active and independent lifestyle, no matter what your age.

## **Visit Your Eye Care Professional**

Schedule a visit with a vision specialist and have your eyesight evaluated. Depending on the results of your exam, your doctor can recommend products and services to help enhance your residual vision.

## **Vision Rehabilitation**

Rehabilitation therapists can also teach you tips and techniques to strengthen and use your remaining vision more effectively. This is a very important step in continuing to live an active lifestyle, so don't delay in seeking this assistance.

## **Visual Aids**

Visual aids are available ranging from pocket to large-screen video magnifiers. Your vision loss specialist can assist you in choosing products that provide the right level of magnification for you and your condition.

## **Be Your Own Advocate**

Educate yourself on your condition, and the resources that are available to you. There are many government and non-profit agencies offering extensive information and assistance to those living with vision loss. If you'd like help locating an organization in your area, contact an Optelec representative at 800-826-4200 or search our online database at [www.optelec.com](http://www.optelec.com).

